



## Take a Whiff!®



Give that waft a Pink slip and forsake the funk by using effective and natural Take a Whiff!® Deodorant.

At last a natural deodorant that actually works! We realize that you can't create a product that works on everyone but this product should come pretty darn close. I worked with chemists diligently for a long time to come up with a product to help with perspiration while keeping things natural.

We used a combination of ingredients and with the addition of an organic white sage and a European odor fighting ingredient that also fights perspiration, we came up with a keeper. **You and your friends will be saying TAKE A WHIFF!®**

Stroke this delicious **Creamsicle naturally scented** deodorant stick onto the underarm area and you'll feel odorless and sweet!!

Aluminum Free, Paraben free, Phthalates free, Propylene Glycol Free, Cruelty Free and Vegan. We are big proponents of reading your labels so please read ours because although our ingredients are natural, there are some people out there with allergies and we wantcha as healthy as can be!

Please note that the intention of this product is not to completely eliminate sweating. A cancer survivor or really everyone needs to embrace some sweating because it is the body's natural cleansing process necessary to release toxins. Our product contains organic sage which is a natural way to fight perspiration. Although everyone's body chemistry is different, we have made every effort to

make you feel fresh and odor free! \*If you have excessive perspiration, after you apply Take A Whiff!® simply use a powder puff and dust a bit of baking soda under the arm and you should be all set.

**Ingredients:** Glycerin (Plant Source), Purified Water, Sodium Stearate, Castor (seed) Oil, Salvia Officinalis (Sage) Extract, Citrus Tangerina (Tangerine) Oil, Vanilla Planifolia Fruit Extract, Calcium Carbonate, Saccharomyces Ferment (Vegetable Enzyme), Aloe Barbadenisis Leaf Juice, Ethylhexylglycerin (Vegetable based Preservative).

The Ingredients in this product are important because I wanted the product to be nourishing for the body. I didn't want a product to do nothing after it was applied. Many products may not hurt you when you apply them but they also will not help the body when it is there. Who wants a product to just sit there or once it is absorbed to do nothing.

**Glycerin-** is a humectants, emulsifier and skin softener

**Castor Oil-** Ancient Egyptians were the first to record the use of castor oil for medicinal purposes, and since then it has been used by many cultures as a folk medicine. Castor oil was reportedly used as a medicine during the early Middle Ages in Europe. In his *Encyclopedia of Healing*, Edgar Cayce claimed that castor oil helped to heal the lymphatic tissue in the small intestines, thus increasing absorption of fatty acids and allowing for tissue growth and repair. Most of the plants used in producing castor oil are now grown in India and Brazil.

**Organic White Sage-**In ancient times the American Indians used to rub the branches of white sage under the arm to alleviate perspiration.

**Tangerine Oil-** The components present in the tangerine essential oil can help by killing bacteria, arresting its growth, thereby treating a wound. The oil can be applied topically over the open wounds. When you have had breast cancer surgery you must have a sentinel node dissection to see if cancer has gone into the lymph nodes so you want to stimulate the lymphatic system and get good things going and tangerine oil promotes good health.

Tangerine oil can help to cure sleeplessness, improves blood circulation

The essential oil of tangerine is used as a massage oil to drain the lymphatic system. This can help the body in removing toxins and improving the immune system.

The sweet citrus-like aroma of tangerine oil, when inhaled is sedative and can ease nervous tension and promote sleep.

**Vanilla Extract-**Offers a multitude of health benefits. Vanilla exhilarates the brain and uplifts the spirit. It calms and soothes away emotional tension in the form of anxiety and stress.

**Saccharomyces Ferment-** Yeast may not sound pretty, but it is a source of antioxidant betaglucan, which has been known to aid in tissue repair. It also has been used in European countries for years as an active ingredient that inhibits bacteria. It is often used to heal eczema and other skin conditions. It is rich in complex B vitamins which are key to healing.

**Aloe-** has been used worldwide for more than 3,500 years. It is used today in many products, including cosmetics, skin lotions and moisturizers, burn gels. Why? Because it is a healing plant and for a breast cancer survivor and you've had radiation and surgery under the arm then this ingredient is very important.

**Ethylhexylglycerin-** This is a natural preservative and has NOTHING to do with a paraben. It comes from natural glycerin, is a natural deodorizer and skin conditioner.

**Alpine Lichen-** For thousands of years, usnea barbata (Alpine Lichen) has been used as a traditional herbal remedy. Ancient Egyptians, Greeks, Chinese and Native Americans relied on this lichen for its medicinal properties. It has been successful as a Pro-Biotic with anti-bacterial properties which helps Make Take A Whiff!® a winner!